

# HOW TO TAKE YOUR PRAYERS TO GOD

Remember, as you face difficulties of any kind, the Lord is ever present with you. The way to approach your life is through His eyes.

*Don't be anxious or worry about anything; instead, pray.*

Use the problems or issues you are facing as opportunity to bring everything to Him in prayer.

Known as petition prayers, these prayers are opportunities to bring everything to the feet of Jesus, as He intercedes to God for us. We can visualize talking to God or Jesus on our behalf.

Imagine, as you sit down to pray, Jesus sitting in a chair next to you. You could even pull up an empty chair next to you. See him leaning in close to hear your heart.

Pray about everything. *He longs to hear your requests*, so talk to Jesus about your needs and *be thankful for what has come and all He has done.*

When you bring everything to God, all the worries and burdens on your heart, you can know that the peace of God (a peace that is beyond any and all of our human understanding) will stand watch over your hearts and minds in Jesus, the Anointed One. It is an amazing experience.



SACRED | MOMENTS

*Seek God, find Yourself!*

## How do you do that practically?

Take a journal or a piece of paper and make a chart (you can download the [chart](#) I have for you) I have shared a couple of my petitions as examples and how God has answered....

<b>Date</b>	<b>Asking God (worries, concerns)</b>	<b>Date</b>	<b>How God replied</b>
1/18/18	How am I to work with others in spiritual direction, like with InterVarsity Fellowship?	3/1/18	Provided project work as Pastoral Care Coordinator for Operations Team, Urbana'18
11/18/19	During intercessory prayer time, God gave me a vision to ask Him to have my granddaughter come to know Jesus	11/25/19	She asked Jesus into her heart shortly after that prayer at a Good News Club

In the two instances, God answered my prayers directly, some in a short amount of time, some in a more lengthy time.

By recording my prayers, I can see His faithfulness and be encouraged to pray more specifically.

[Contact me](#) and let me know how I can be lifting up petitions for you. I would love to walk alongside you in prayer.



## What about you?

Paul writes in Philippians 4:8-9

*8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. 9 Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.*

Whatever you think about will continue to grow in your mind and heart. Even brain science has shown this to be true. God gives us specific directions on how to grow peace and see His hand at work.

How might you give a chart like this a try and become aware of the ways He is at work in your life? It gives you the opportunity to fix your mind on the honorable, right, pure and lovely and surrender the worries and concerns over to Him. It also gives you an opportunity to let go of anxiety.

***God answers prayers and focusing on beauty and truth will bring much peace to your life.***

[Contact me](#) and let me know how I can be lifting up petitions for you. I would love to walk alongside you in prayer.

